

SAMPLE POST-OP PAIN MEDICATION REGIMEN

	DRUG	FOR	FREQUENCY & DURATION	QUANTIT Y	NOTES
MULTI-MODAL PAIN REGIMEN	Gabapentin 100mg	Nerve pain	Take 2 tabs every 8 hours for 14 days, then stop	90	No refills
	Tylenol 650mg	Mild pain	Take 2 tabs every 8 hours	90	Can purchase over-the-counter
	Tramadol 50mg	Moderate pain	Take 2 tabs every 8 hours	42	Call office for refill
	Meloxicam 15mg	Inflammation	Take 1 tab daily for 30 days	30	No refills

BREAKTHROUGH PAIN	Oxycodone 5mg	Severe pain	Take 1-2 tabs every 4-6 hours as needed for pain	30	Treat this drug as a scheduled medication for the first 3 days post-op Call office for refill
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BLOOD THINNER	Aspirin 81mg	Blood clot prevention	Take 1 tab twice daily for 30 days	60	No refills
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ANTIBIOTIC ONLY for same day surgery	Cefadroxil 500mg <i>Or</i> Doxycycline 100mg	Infection prevention	Take 1 tab twice daily for 10 days	20	No refills
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STOOL SOFTENER	Sennokot 8.6/50mg	Constipation	Take 1 tab twice daily while on opioids	60	Refer to discharge instructions if constipation persists with Sennokot only
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Medications that can be refilled: Tramadol (up to 6 wks post op) and Oxycodone (up to 3wks post op)

*CALL OFFICE FOR REFILLS